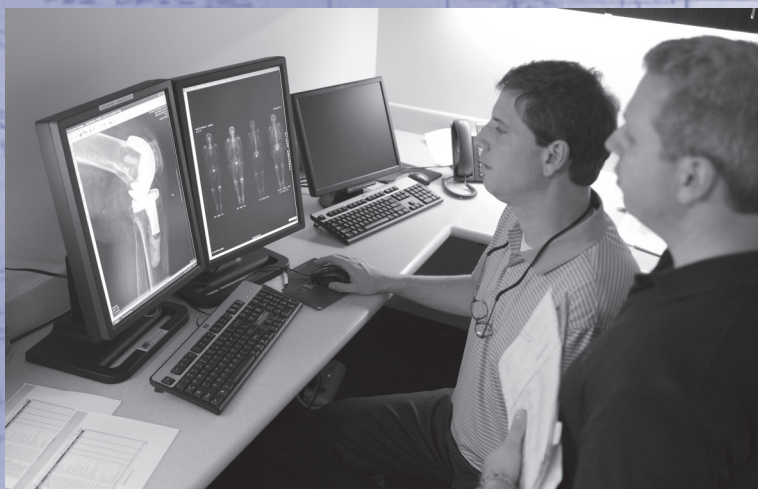




Building a Healthier Community

The Health FOUNDATION Inc.



2009 Annual Report





PRESIDENT & DIRECTOR'S MESSAGE

To change lives and to save lives. At its essence, that is why The Health Foundation came into being.

Sometimes what we do can be quite dramatic—the sight of a helicopter landing, the trauma nurses running at full tilt because every second can make the difference between life and death.

Sometimes it is nearly imperceptible except to those closest to the situation—like the chemotherapy patient whose spirit is lifted by the sight of a butterfly in the patio garden at the new Piedmont Oncology offices at West Park.

And in some circumstances, the changes may not be felt for months or even years to come. The new Mobile Expanded School Health bus is like that. Yes, there are the days when kids come in with sports injuries that need immediate attention, get treated, and all is well.

But positive effects are long-lived, too. Because teaching healthy lifestyles, immunizing against disease, encouraging good habits, helping kids recognize abusive behaviors or the slippery slope of addiction gives kids the tools they need to become healthy, productive adults.

The New MESH bus attracts a lot of students.

On steps are Kristin McCall, Austin Black, and Tyler Black with Adam McCall (seated).

Standing are Tiffany Roope, BrookeLynn Roope, and Bree Thompson.

At The Health Foundation, your gifts allow us to build up the health care delivery system in our community in many, many ways. And whether we're investing in bricks and mortar, gears and wheels, or people and passion, your gifts are truly making a difference in the lives of the people of Wilkes County.

On behalf of the Board of Directors, thank you for choosing to support our efforts. May you always be blessed with good health, and with good care when you need it.

Jim Smoak, 2009 President

Heather Murphy, CFRE Executive Director



Photo by Tim Murphy



OUR PROGRAMS AND SERVICES~2009

Kids say “Aaah” with Mobile Expanded School Health Bus

Area students have access to medical care while at school thanks to a grant from The Health Foundation to purchase a new Mobile Expanded School Health bus.

The Wilkes County Health Department runs the program, which travels to Wilkes County high schools on a weekly basis throughout the school year. The health center on wheels provides sports physicals, well child exams, diagnosis and treatment of minor illnesses, lab testing, immunizations, health education and counseling, psychological screening, prescriptions, and mental health services.

Students are treated regardless of their ability to pay for services. The popular program averages seeing more than 1,200 students per year and removes the transportation barrier that prevents many teens from receiving the care they need.

Landra Roope, RN takes a look at Austin Black on the mobile health center. MESH can do rapid strep tests.



Photo by Tim Murphy



Photo by Christopher Noble

New Facility Brightens Life for Patients

Chemotherapy patient Marla Bare (left) considers the new offices for Piedmont Hematology/Oncology Associates to be a blessing. She loves the new, open concept treatment room filled with natural light. Here she shares a laugh with Office Manager Joanna Felts (right) in the courtyard garden.

The new office is at West Park, the medical campus made possible by Foundation supporters.

BUILDING A HEALTHIER COMMUNITY

We say “Thank You. Thank You. Thank You.”



Photo by Christopher Noble

Dr. Steven R. Anderson conducts an exam on patient Harvey Kilby. Dr. Anderson joined Orthopaedic Specialists of Wilkes in late 2009. The promise of a custom-designed office with the most up-to-date technologies helped to recruit both Dr. Anderson and Dr. John B. Hubbard to our rural community.

The board-certified physicians specialize in adult and adolescent orthopaedic conditions. Their presence here means that Wilkes Regional Medical Center's Emergency Department now has 24/7 coverage for orthopaedic emergencies.

Your gifts make all the difference when it comes to improving the health and well-being of the citizens of Wilkes County. We invest in local health care programs that continue to provide strong dividends long after the initial gift.

For example, The Wilkes Public Health Dental Clinic started ten years ago, when untreated dental decay was a top-priority health issue here. Today Wilkes County has the highest rate of dental treatment for low income, uninsured people in the state. Here are some programs your gifts have allowed us to support:

- The WRMC Kidney Dialysis Center
- The Wilkes Public Health Dental Clinic
- The New Beginnings Birthing Center at WRMC
- The on-site helipad at WRMC
- Ruby Pardue Blackburn Adult Day Care
- Community Education Forums
- Special projects for local non-profit health care agencies.

On behalf of all whose lives you have healed and helped, thank you.



Courtney Blackburn schedules an appointment at Orthopaedic Specialists of Wilkes.

Photo by Christopher Noble



FOUNDATION LEADERSHIP~2009

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Administrative Assistant

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E. James Moore, Attorney at Law

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Benson, Blevins and Associates
North Wilkesboro, North Carolina

Copies of our audited financial statements are available upon request.



Jim Smoak, President



SCHOLARSHIP~2009

A Bright Future!

Crystal Rhodes, Executive Director Heather Murphy, Heather Owens, Aaron Stone, Sherry Parsons, Committee Chairman Brad Shinaman, Committee Member Pat Bumgarner, and Breanna Carter are all smiles after receiving their awards.



The Foundation awards scholarships to students entering health care professions who intend to work in Wilkes County, North Carolina. The competitive awards are based on academic achievement, community service, and a dedication to their field of study.

Scholarships are funded both through the endowed earnings of named scholarships as well as our general funds. Students who maintain academic standing are eligible to renew their awards while seeking their degree. Donors who wish to establish named endowments to provide a permanent legacy may do so with our scholarship program.

2009 scholarship recipients are:

Virginia Bennett received an award from the Shirley and Alvin Sturdivant Scholarship fund towards the pursuit of a Master of Communication Sciences and Disorders (Speech Pathology) at UNC– Greensboro. The fund was established to honor The Foundation's founder and his wife.

Sherry Parsons is currently employed as a nursing case manager at Wilkes Regional Medical Center. She received an award from the Betty S. Winslow Scholarship Fund in the pursuit of a bachelor degree of science in nursing from Lees-McRae College. Mrs. Winslow established the fund as an extension of her life-long career in health care education.

The following four scholarships winners are using their awards to pursue degrees in registered nursing from Wilkes Community College.

Breanna Carter received an award from the Dr. Ray Inscore Fund. The Dr. Ray Inscore Scholarship was set up by his family. Dr. Inscore devoted his life to the medical profession and his patients.

Aaron Stone received an award from the R.L. and Doris Melton Family Scholarship Fund. This fund was established to benefit nursing students who intend to work in Wilkes.

Crystal Rhodes received an award from our general scholarship fund. Our general scholarship fund is provided through the annual contributions of our membership.

Heather Owens was awarded funds from the general scholarship fund and the Ben Abernethy Scholarship fund. This scholarship is awarded to a student entering nursing at Wilkes Community College and was set up by friends and family who wished to remember his caring legacy.

Nancy Ferguson Brown established the *Holt Hudson and Lacy Ferguson Endowment* for Teeth in Need to remember her parents and to help meet the dental health care needs of children and adults who can not afford treatment.





2009 Cumulative Giving Societies

Our most generous and loyal donors are recognized through their membership in our prestigious giving societies.

Dr. Fred C. Hubbard was the founding father of Wilkes Regional Medical Center. Members of ***The Dr. Fred C. Hubbard Society*** are those whose total giving exceeds \$100,000.00.

Our ***Benefactor's Society*** members are those whose cumulative gifts total more than \$50,000.00.

Dr. Fred C. Hubbard Society

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Anonymous
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Mr. Petro Kulynych
Mr. & Mrs. William H. McElwee III
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The Edd and Gertrude Gardner Society is named after two individuals whose contributions played a vital role in the growth of Wilkes Regional Medical Center. Mr. Edd Gardner served thirty six years as an original appointee to the board of trustees of the hospital. His wife, Gertrude Gardner, organized the original ladies' auxiliary. She served as its president from 1951 until 1953 and remained an active volunteer for many years. Members of this society have

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Mr. Blake Lovette

made cumulative gifts of over \$10,000.00.

Membership in our ***Legacy Society*** is open to anyone who has recognized us through estate planning who wishes to be so recognized.

Giving levels are cumulatively totaled through December 31, 2009. We strive for accuracy, but ask that you call any corrections to our attention.

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Photo by Tim Murphy



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Mr. & Mrs. Walter S. McSwain, Jr.

Edward Mastin

Mrs. Susie Mastin

Roger Mayberry

Mr. & Mrs. Walter S. McSwain, Jr.

Steve McCord, Jr.

Mrs. Helen B. Christie

Douglas McElwee

Mr. & Mrs. William H. Dunn

Tommy McLean

Mr. & Mrs. W.O. Johnston
Mr. Gene McNeill

Rebecca McMillan

Mr. & Mrs. James Archibald
Mrs. Teana Compeau and Phillip
Mr. & Mrs. U. W. Foster
Mrs. Sylvia Hansmann
Mr. & Mrs. Commie E. Hayes

Jimmy McNeil

Mr. & Mrs. Thomas Vannoy

Morguenya McNeil

Mr. & Mrs. Worth Bentley
Mr. Gene McNeill
Dr. & Mrs. Brad C. Shinaman

Catherine Miller Miles

Mr. Junior Miles
Ms. Vetra Sebastian
Ms. Irene Sebastian

Nona Harrold Miles

Mr. Junior Miles

Edward Miller

Mr. Edward S. Finley

Darrel Myers

Mr. & Mrs. Walter S. McSwain, Jr.

Labon Myers

Mr. & Mrs. Fred Brown

Bill Nichols

Ms. Helen H. Nichols

Fred Ohler

Ms. Sharon J. Greene

Elizabeth Oliver

Mr. & Mrs. Timothy G. Murphy
Mr. & Mrs. Larry R. Yow

Ora S. Owen

Mrs. Helen B. Christie
Mrs. Betty Garvin
Mr. Steve Garvin
Mr. & Mrs. W.O. Johnston

Wade H. Palmer

Mr. & Mrs. Roscoe Benton
Mrs. Helen B. Christie
Mrs. Betty Garvin
Mr. Steve Garvin
Mrs. Toyce N. Myers

Gray Parsons

Mr. & Mrs. Richard Huie

Rev. Karen Hall Parsons

Mrs. Helen B. Christie
Mr. & Mrs. W.O. Johnston
Mr. & Mrs. Pete Lovette

Larmie Pendry

Mr. & Mrs. C. W. Barker

Carrie H. Phillips

Mrs. Toyce N. Myers

Barbara Randall

Mrs. Helen B. Christie
Mr. Edward S. Finley
Dr. Tony C. Randall

James Foy Raymer

Mr. William O. Eller

Charles P. Reece

Mr. Edward S. Finley
Mr. Gene McNeill
Mr. Parks Reece

Ruby Reeves

Mr. & Mrs. Mike Reeves

Arcy Reynolds

Mrs. Teana Compeau and Phillip

Bonnie Rhodes

Mr. & Mrs. Richard P. Absher
Mr. & Mrs. Bryant Church
Mrs. Betty Garvin
Mr. Steve Garvin
Mr. Wayne Greer
Ms. Bettye J. Hicks
Mr. & Mrs. Dwight E. Pardue

Robert M. Richardson

Mr. & Mrs. James Archibald
Mr. & Mrs. Timothy G. Murphy

Larry & Nancy Russell

Dr. & Mrs. Brad C. Shinaman

Hessie Sebastian

Ms. Vetra Sebastian
Ms. Irene Sebastian

Ira & Fannie Myers Sebastian

Ms. Vetra Sebastian
Ms. Irene Sebastian

Irvin H. Sebastian

Ms. Vetra Sebastian
Ms. Irene Sebastian

Phillip Sebastian

Mrs. Gail M. Sebastian
Ms. Rebecca Ann Sebastian

Warren Sebastian

Ms. Vetra Sebastian
Ms. Irene Sebastian

Joe Shepherd

Mr. & Mrs. Walter S. McSwain, Jr.

Lola F. Shomaker

Mr. & Mrs. Clyde W. Shumaker

Rev. Paul Shoupe

Mr. & Mrs. C. W. Barker
Mr. & Mrs. Tim Pierce

Neal Sloan

Mr. & Mrs. William A. Groce, Jr.

Perry Snipes

Mr. Edward S. Finley
Mr. & Mrs. Troy R. Huskey
Mr. & Mrs. W.O. Johnston

Opal Stewart

Mr. Gene Stewart

Jeff Stone

Ms. Patsy S. Brown
Dr. & Mrs. Thomas K. McMahan
Dr. & Mrs. Brad C. Shinaman

Bet Strickland

Mr. & Mrs. Walter S. McSwain, Jr.

Gary Douglas Taylor

Mr. & Mrs. J. Richard Marlow
Mr. & Mrs. Timothy G. Murphy
Mr. & Mrs. Philip Taylor

Phillip Taylor

Mr. & Mrs. C. W. Barker

Eli J. Tedder, Sr.

Mr. & Mrs. Hohn Church, Sr.

Billy Gene Tomlinson

Dr. & Mrs. Brad C. Shinaman

Mack Triplett

Ms. Louise Triplett

Jen-Lo-Tsai, M.D.

Dr. & Mrs. Craig R. Bennett
Mr. & Mrs. Bruce Eilert
Mr. & Mrs. Gerald Lankford

Carl & Leida Vannoy

Ms. Maxine Vannoy

Amelia Lee Vaught

Mr. & Mrs. Richard P. Absher

Donald L. Wachter

Mr. & Mrs. George B. Collins

Fred Warddell

Mrs. Janie H. Warddell

Gary J. Watson

Mrs. Helen Elledge
Mrs. Brenda Grevas
Mrs. Etta Idol
Mr. & Mrs. Timothy G. Murphy
Mr. Robert Stipe
Mr. & Mrs. James Worley



2009 Memorial Tributes, Gifts & Volunteers

William Hayden Watts, Sr.
Mr. & Mrs. George B. Collins
Juanita Whitley
Mr. & Mrs. C. W. Barker
Zell Whittington
Mr. & Mrs. John L. Bullion
Effner A. Wiles
Ms. Jarot W. Patteson
Frankie Wilson
Mr. & Mrs. David L. Thomas
O.H. Wilson
Mr. & Mrs. David L. Thomas
Rachel Wilson
Mrs. Etta Idol
Tom Wilson
Mrs. Helen B. Christie
Mr. & Mrs. Walter S. McSwain, Jr.,
Bob Yale
Mrs. Blair Yale

Priceless Gifts of Time, Talent, & Treasure

Mr. & Mrs. Cam Finley
Mr. John German
Hourglass Cleaners
Mr. Ronald Howell
Lowe's Companies, Inc.

Dr. Demar A. Neal
Mr. Ray Price
Mr. & Mrs. B. Townes

Our Volunteers

Glenda Barker
Coleen Bush
Helen B. Christie
Willye Dancy
Agnes Elledge
Marjorie K. Hughes
Nancy Mathis
Grace McIver
Mary McSwain
Ginny Moore
Tim Murphy
Gerry Thompson
Maxine Winstead



Willye Dancy has been a Foundation volunteer for fifteen years. She started when her daughter joined the staff. Now that her daughter is retired, they both continue to volunteer. "Thanks, Mom!"



FESTIVAL OF TREES 2009

Thanks to these contributors a stay in the hospital is not without holiday cheer. The beautiful holiday decorations are auctioned and the proceeds purchase equipment for Wilkes Regional Medical Center—this year, a portable ultrasound.

TREE SPONSORS

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Applefield Executive Properties
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Britthaven, Inc.
The Candy Company, Inc.
Hall Petroleum Co., Inc.
Miller Funeral Service, Inc.
The Record/Thursday Printing
Specialty Car Company
Valley Radiology Associates
Wilkes Telecommunications

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Piedmont Pathology
Scentsy - Amanda Jolly
Stillwaters Salon & Day Spa
Wilkes Art Gallery & Wilkestone

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WFUBMC Community Physicians -
Wilkes Family Health Center
Wilkes Regional Surgical Specialists
WRMC CAP
WRMC Finance Department
WRMC Hospitalists
WRMC Imaging Services
WRMC Neurology
WRMC Scheduling Services
WRMC Support Services -
Sandy Alexander
WRMC Telemetry
WRMC 2nd Surgical Department
WRMC Administration
WRMC Anesthesia Department
WRMC Cardiology Department
WRMC Case Management
WRMC Quality Management

WRMC Diagnostic Center Patient Access
WRMC Diagnostic Imaging
WRMC Diagnostic Center -
Environmental Services
WRMC Dialysis Center
WRMC Education Services - Jimita Foster
WRMC Emergency Department
WRMC Environmental Services
WRMC Health Information Management
WRMC Inpatient Therapy
WRMC Laboratory
WRMC New Beginnings Birthing Center
WRMC Patient Access Emergency
Department
WRMC Patient Financial Services
WRMC 1st Floor Patient Access
WRMC Pharmacy
WRMC Outpatient Rehab Services
WRMC Respiratory Therapy
WRMC School of Radiological
Technology
WRMC Surgical Services Department



2009 Financial Statements

For the Year Ended December 31, 2009

BALANCE SHEET

ASSETS

Cash	\$ 518,679
Receivables and Other Current Assets - (Net of Reserves)	279,798
Fixed Assets - (Net of Depreciation)	5,314,505
TOTAL ASSETS	6,112,982

LIABILITIES

Accounts Payable and other current liabilities	\$ 493,383
Mortgage Payable/Line of Credit	1,619,155
	2,112,537
TOTAL LIABILITIES	2,112,538

Net Assets	4,000,445
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TOTAL LIABILITIES AND NET ASSETS	\$ 6,112,982
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INCOME STATEMENT

PUBLIC SUPPORT AND REVENUE

Contributions	\$ 195,100
Other Income	8,936
Rental Income	925,796
TOTAL PUBLIC SUPPORT AND REVENUE	1,129,832

EXPENSES

Administrative Expenses	121,978
Fund Raising Expenses	57,560
Grants & Scholarships	277,929
Other Program Services	659,611

TOTAL EXPENSES	1,117,078
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SURPLUS/(DEFICIT)	\$ 12,753
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Our Mission:

to improve the health and well-being of the citizens of our area.

The Health Foundation is an assembly of compassionate, dedicated, volunteer leaders engaged in inspiring a community-wide effort to improve health care through the stewardship of philanthropic pursuits.

Our Vision:

Community Partnership

The Health Foundation brings together leaders who wish to support health care in our community.

We invest in the most promising health care organizations, programs, people, and ideas so that residents of Wilkes County will have access to quality, affordable health care close to home.

We are dedicated to working with all who care to strive for excellence. We believe that everyone deserves quality, available health care.

Education

The Health Foundation, Inc. supports health and wellness educational opportunities for those in our community.

Donor Rights

The Health Foundation recognizes that stewardship means to manage, protect, and serve on behalf of another's trust. We seek, in all ways, to inspire your full confidence in our actions. Furthermore, we encourage you to take an active role in our programs and services.

Our correct legal designation is:

The Health Foundation, Inc., a 501(c)(3) tax-exempt organization. Our Federal Tax ID Number is 56-1745194. Your contribution is tax-deductible to the extent allowed by law.

Contributors to The Health Foundation, Inc. are investing in the future of health care in Wilkes County, North Carolina. Here are some ways you can support our future endeavors:

Cash. If you itemize, you can lower your income taxes this year by simply writing a check made payable to: The Health Foundation, Inc. You may designate your gift to a specific program of interest, or indicate that you would like it to be used "where needed most."

Stock. If you own stock, it is often more advantageous tax-wise to contribute stock. Gifts of appreciated stock offer a two-fold advantage. First, you avoid paying capital gains tax on the increased value of the stock. Secondly, you receive a charitable deduction for the full market value of the stock at the time of the gift.

Real Estate. Our real estate committee will accept marketable gifts of land, residences, vacation homes, farms, lots, or acreage. Again, you can avoid capital gains on highly appreciated real estate and receive a charitable deduction for the full market value of the property.

Life Income Gift. Charitable remainder trusts and charitable remainder unitrusts can provide a vehicle by which you increase your income while making a meaningful gift to us. We can explain the details of these plans, which require the help of your attorney and tax advisor.

Bequest. By naming The Health Foundation, Inc. in your will or trust, you can carry on your legacy of generosity upon your death.

Named Endowment. A named endowment at The Health Foundation, Inc. is a wonderful way to create an ongoing legacy here. Our program allows you to create an endowment focusing on a specific aspect of our mission so you may choose to carry on a key element of your life and values in perpetuity. Endowments can be established today to provide a "living snapshot" of your generosity, values, and good will. As you wish, you may add to your endowment over time. You can even earmark a portion of your estate to eventually enter your fund, or establish the endowment through your will or living trust.

Thank you for contributing to a healthier community!



On the cover:

In the top photo Dr. John B. Hubbard reviews an image of a patient whose knee was recently replaced. Dr. Steven R. Anderson, standing, looks on. The two orthopaedic specialists relocated to Wilkes in late 2009. The Health Foundation renovated office space at its property in West Park.

Photo Christopher Noble.

The MESH Unit is larger and can therefore see more students in the same amount of time. Here Kristin McCall and Bree Thompson look on as Adam McCall checks in with Sandy McCall, MOA.

Photo Tim Murphy

Sallie Staley, PA and Dr. Thomas Grote discuss how well her treatments are going with chemotherapy patient Marla Bare. The cancer treatment center had outgrown its space at Wilkes Regional Medical Center. The Health Foundation's medical park proved to be the perfect place to expand.

Photo Christopher Noble.



We are located at 231 Jefferson Street in
North Wilkesboro, North Carolina atop the hill next to
Wilkes Regional Medical Center.

P.O. Box 667
North Wilkesboro, North Carolina 28659

Phone: 336.838.1949
Fax: 336.838.9214
www.healthfoundationinc.org

*What we have done for ourselves alone dies
with us; what we have done for others and
the world remains and is immortal.”*
—Albert Pike

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Thank you for contributing to a healthier community.